



Cary

SERVICE MENU

Essential Primary Care

Our primary care program is the perfect blend of functional and conventional medicine and ensures that you receive the highest level of care possible to achieve whole-body optimization.

Essential Hormone Balancing

Treat hormone imbalances with bioidentical hormone replacement therapy (BHRT). BHRT is available in pellets, topical creams, capsules, and injections, and all of our providers are functionally trained in hormone replacement therapy.

Essential Wellness Consultations (\$600)

Bundle our extensive wellness lab panel with a 90-minute consultation, where one of our functionally trained providers will help tailor a plan toward your specific needs based on your lab results, symptoms, physical exam, and medical and family history

Regenerative Medicine

Help the body repair and regenerate the body by stimulating your body's own healing mechanisms using growth factors, platelet-rich plasma, and certain hormones and peptides. Exogenous sources for IV and joint injections may also be available for maximum benefit.

Essential IV Therapy

Our custom-made IV protocols deliver important vitamins, antioxidants, and other nutrients directly into your blood stream. Benefits include hydration, increased energy, reduced inflammation, immune support, and healthier skin.

Phone: 919.926.3010

Email: info@essentialheath.health

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Essential Aesthetics

Product and treatment selections designed to make you look and feel your best include microneedling (stand alone and with PRP), neuromodulators, dermal fillers, chemical peels, body contouring, and hair restoration with PRP.



Eleon Skin Care

Essential Health's curated medical-grade skin care line, Eleon, provides cleaner, and safer ingredients that are effective and provide medical-grade strength. You can be assured that each Eleon product is gluten-, paraben-, and fragrance-free.



Infrared Sauna

Our triple infrared sauna uses infrared light to penetrate tissue to raise the core body temperature which aids in detoxification, weight loss, pain reduction, and anti-aging.



Specialty Lab Testing

We partner with some of the top labs in the country to help provide an extensive look at hormones, cardiac health, thyroid function, food sensitivities and overall health. Some of the specialty labs we use include ZRT, Cleveland Heart, and Cell Sciences (ALCAT).



Hyperbaric Oxygen Therapy (HBOT)

HBOT is a non-invasive, safe, and effective therapy for reducing inflammation, promoting healing, and increasing tissue regeneration. We offer a relaxing environment for you to breathe oxygen in a pressurized environment, which increases the amount of oxygen your blood can carry.

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